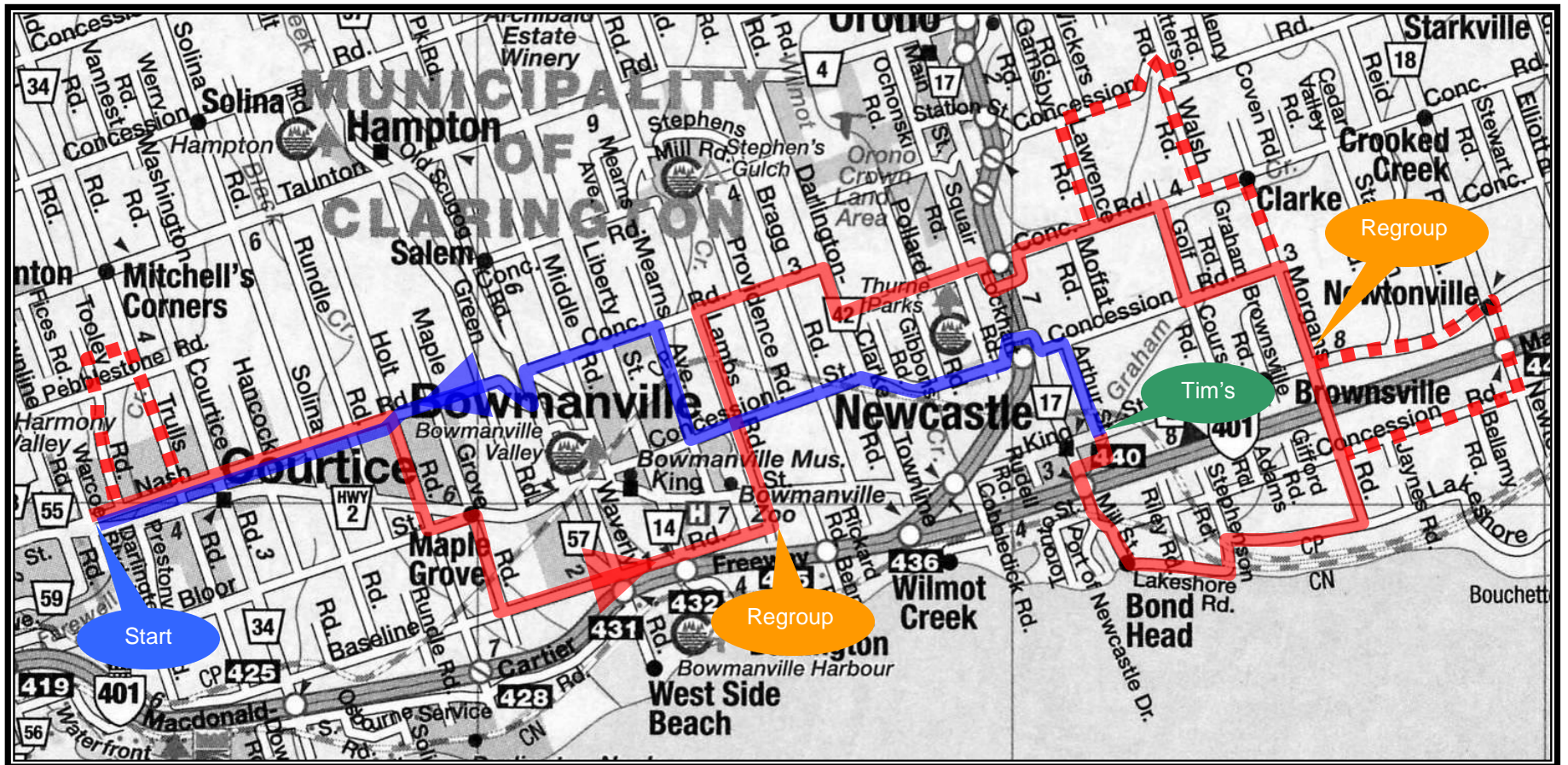




































Kingsway Plaza to Newcastle 71/87K



Kingsway Plaza to Newcastle 71K Turns

Start at Kingsway Plaza			46.6	0.0	Arthur St (<i>head north</i>)	
0.0	0.0	Nash Rd	48.7	2.1	←	3rd Concession Rd
6.2	6.2	→	49.4	0.7	→	Take underpass to stay on 3rd
8.3	2.2	←	49.9	0.5	→	3rd Concession Rd
9.1	0.8	→	56.1	6.2	→	Mearns Ave
11.1	1.9	←	58.2	2.1	←	3rd Concession Rd
16.1	5.0	←	60.7	2.5	↙	Reg. Rd. 57
20.2	4.1	→	61.5	0.8	→	Nash Rd
			70.8	9.3	Back at Kingsway Plaza	
22.7	2.5	→				
23.1	0.4	←				4th Concession Rd (<i>take underpass at 115 hwy</i>)
29.3	6.2	→				Golf Course Rd
31.4	2.0	←				3rd Concession Rd
33.0	1.6	→				Morgans Rd
35.1	2.1	↑				Morgans Rd (<i>Regroup</i>)
38.3	3.2	→				Lakeshore Rd
40.9	2.6	←				Lakeshore Rd
43.4	2.5	↗				Mill St S
45.6	2.1	→				Edward St E
46.2	0.6	←				Brookhouse Dr
46.6	0.4	Take a break at Tim Hortons				

Kingsway Plaza to Newcastle 87K Turns

Start at Kingsway Plaza			45.1	4.1	 Hwy 2 (Regroup)
0.0	0.0	Nash Rd	48.5	3.4	 Newtonville Rd
1.0	1.0	 Tooley Rd	50.2	1.7	 1st Concession Rd
3.3	2.3	 Prince Rupert Dr	53.5	3.3	 Morgans Rd
4.3	1.0	 Trulls Rd	55.0	1.4	 Lakeshore Rd
6.9	2.6	 Nash Rd	57.5	2.6	 Lakeshore Rd
11.0	4.1	 Holt Rd	60.1	2.6	 Mill St S
13.2	2.2	 Bloor St	62.3	2.1	 Edward St E
14.0	0.8	 Maple Grove Rd	62.9	0.6	 Brookhouse Dr
16.0	1.9	 Baseline Rd	63.2	0.3	Take a break at Tim Hortons
20.9	5.0	 Lambs Rd (Regroup)	63.2	0.0	Arthur St (head north)
25.1	4.2	 3rd Concession Rd	65.3	2.1	 3rd Concession Rd
27.6	2.5	 Darlington-Clarke Townline Rd	66.0	0.7	 Take underpass to stay on 3rd
28.0	0.4	 4th Concession Rd (take underpass at 115 hwy)	66.5	0.5	 3rd Concession Rd
33.1	5.1	 Lawrence Rd	72.7	6.2	 Mearns Ave
35.2	2.2	 5th Concession Rd	74.8	2.1	 3rd Concession Rd
37.6	2.4	 Patterson Rd	77.3	2.5	 Reg. Rd. 57
38.0	0.4	 Walsh Rd	78.1	0.8	 Nash Rd
40.2	2.2	 4th Concession Rd	87.4	9.3	Back at Kingsway Plaza
41.0	0.7	 Morgans Rd			