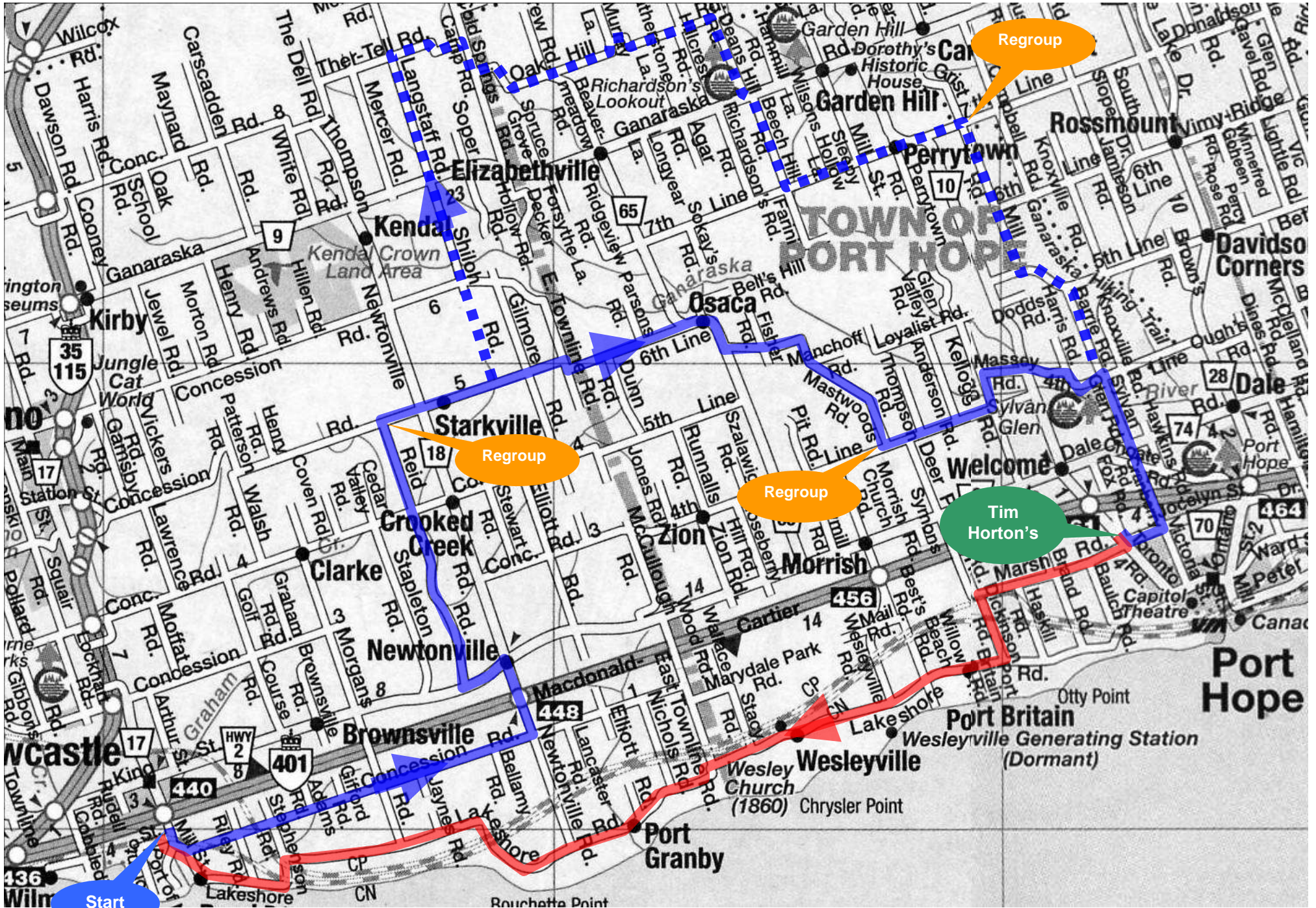


Newcastle to Port Hope 70/83K



Regroup

Regroup

Regroup

Tim Horton's

Start

Extended Route 83K

Meet at the Gravel Parking Lot						
			43.1	2.5	↗	County Road 10
0.0	0.0		43.7	0.6	↖	Line Road 7
0.6	0.6	↖	44.6	0.9	↗	Grist Mill Rd (Regroup)
8.5	6.6	↖	48.1	3.4	↖	Line Road 5
10.2	1.7	↖	49.3	1.3	↗	Barrie Rd
11.2	1.0	↗	51.5	2.0	↗	Sylvan Glen Rd
15.7	4.5	↗	53.5	2.0	↗	Cranberry Rd (becomes Victoria St)
18.0	2.2	↗	55.6	2.1	↗	Jocelyn St.
20.6	2.6	↖	56.3	0.7	↗	Toronto Rd (or go through Plaza to get to Tim Hortons)
22.7	2.2	↗	56.4	0.1		Stop at Tim Hortons for a Break
27.8	5.1	↗	56.4	0.0		Toronto St (head south)
29.6	1.8	↗	56.5	0.1	↗	Marsh Rd.
30.1	0.5	↖	59.9	3.4	↖	Dickinson Rd
33.7	3.6	↗	61.3	1.5	↗	Lakeshore Rd
36.2	2.5	↗	68.7	7.2	↖	Lakeshore Rd
38.4	2.2	↗	79.1	10.5	↖	Lakeshore Rd
40.6	2.2	↖	81.7	2.6	↗	Mill St
			83.0	1.3		Back at Gravel parking Lot

Regular Route 70K

Start at the gravel parking lot						
			39.9	2.0	↑	Cranberry Rd
0.0	0.0		42.0	2.1	→	Jocelyn St.
0.6	0.6	←	42.7	0.7	→	Toronto Rd (or go through Plaza to get to Tim Hortons)
8.5	6.6	+	42.8	0.1		Stop at Tim Hortons for a Break
10.2	1.7	+	42.8	0.0		Toronto St (head south)
11.2	1.0	→	42.9	0.1	→	Marsh Rd.
15.7	4.5	↑	46.3	3.4	←	Dickinson Rd
18.0	2.2	→	47.8	1.5	→	Lakeshore Rd
22.1	4.1	→	55.1	7.2	←	Lakeshore Rd
22.4	0.3	↙	65.5	10.5	←	Lakeshore Rd
25.0	2.6	↑	68.1	2.6	↗	Mill St
26.5	1.5	←	69.5	1.3		Back at Gravel parking Lot
31.7	5.2	←				
34.1	2.4	←				
34.9	0.9	→				
35.9	1.0	←				
36.0	0.1	→				
37.8	1.8	→				