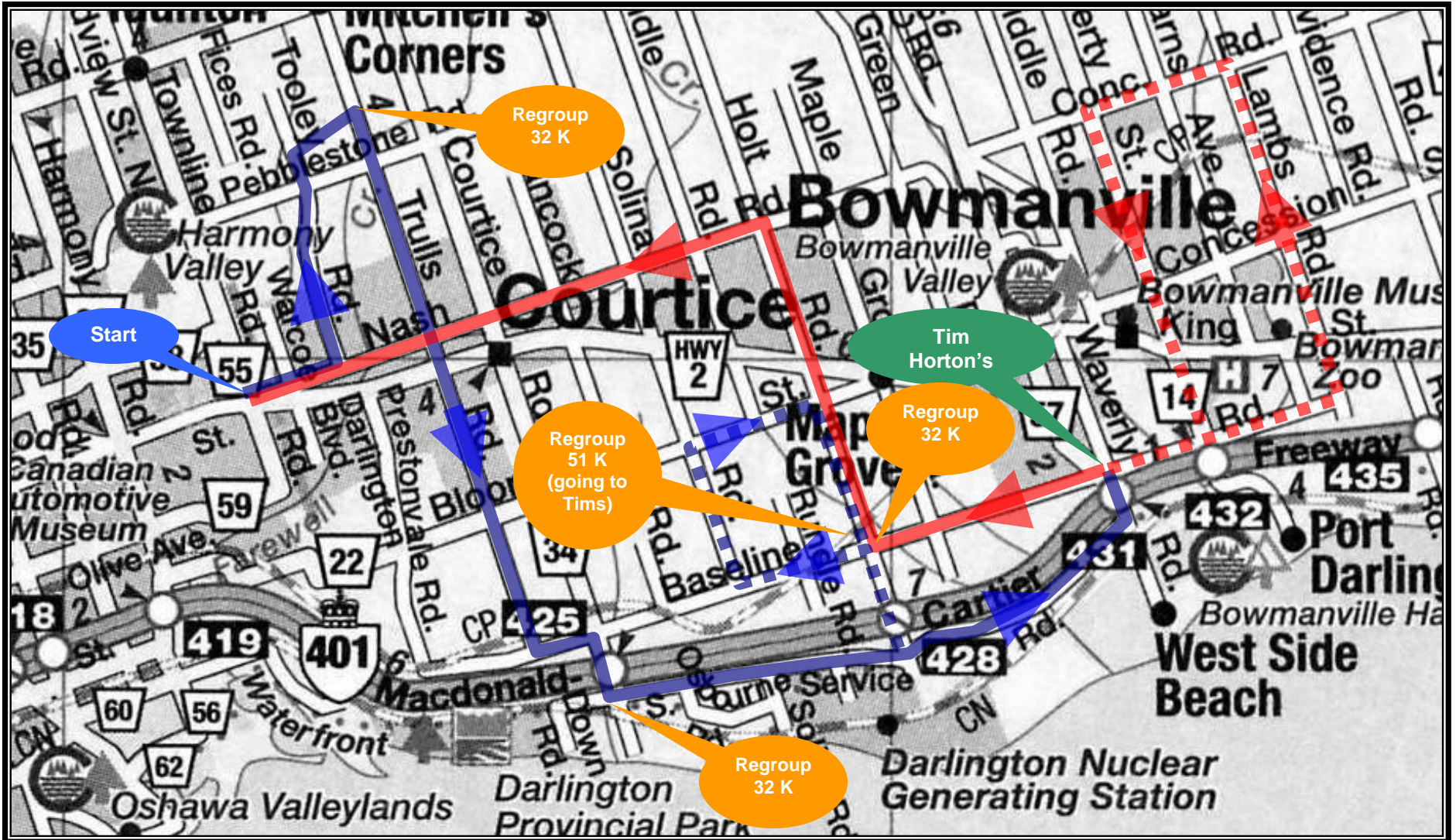














Easy Peasy Ride 32/51K

By Ellen



(dotted lines are additional loops for 51 km ride)

Easy Peasy Ride 32K Turns

Start at Kingsway Plaza			19.2	0.0		Baseline Rd (go west)	
0.0	0.0		Nash Rd	22.1	2.9		Holt Rd (<i>Regroup</i>)
1.0	1.0		Tooley Rd	24.0	1.9		Continue on Holt
3.3	2.3		Prince Rupert Dr.	26.2	2.2		Nash Rd
4.3	1.0		Trulls Rd (<i>Regroup</i>)	32.4	6.2		Back at Kingsway Plaza
9.1	4.8		Continue on Trulls Rd				
11.0	1.8		Baseline Rd				
11.8	0.8		Courtice Rd				
12.2	0.4		South Service Rd (<i>Regroup</i>)				
18.6	6.4		Waverly Rd				
19.2	0.5		Stop at Tim Hortons for a break				

Easy Peasy Ride 51K turns

Start at Kingsway Plaza			28.1	0.0	Baseline Rd (go east)		
0.0	0.0	↑	Nash Rd	31.0	2.9	←	Lambs Rd
1.0	1.0	←	Tooley Rd	33.0	2.0	←	Concession St
3.3	2.3	→	Prince Rupert Dr.	34.6	1.6	←	Liberty
4.3	1.0	→	Trulls Rd	36.6	2.0	→	Baseline Rd
9.1	4.8	↑	Continue on Trulls Rd	40.7	4.1	→	Holt Rd
11.0	1.8	←	Baseline Rd	42.7	1.9	↑	Continue on Holt
11.8	0.8	→	Courtice Rd	44.9	2.2	←	Nash Rd
12.2	0.4	←	South Service Rd	51.1 6.2 Back at Kingsway Plaza			
15.6	3.4	←	Holt Rd				
16.5	0.9	←	Baseline Rd (<i>Regroup</i>)				
18.2	1.7	→	Solina Rd				
20.1	1.9	→	Bloor St				
21.7	1.7	→	Holt Rd				
24.5	2.8	←	South Service Rd				
27.5	3.0	←	Waverly Rd				
28.1	0.5	Stop at Tim Hortons for a break					